

Cleaning Instructions













- Remove your denture and rinse with warm, soapy water (not to exceed 113°F/45°C) to remove food debris or other loose particles.
- 2. Use a soft brush to remove debris from the denture.
- 3. Using a mild, non-abrasive cleaning agent approved for dentures, soak for three to five minutes. Do not use mouthwash or toothpaste on the denture. Do not soak in cleaning solution overnight.

- 4. Use a soft brush to clean your gums, tongue, cheeks, and roof of your mouth. If used, remove any remaining denture adhesive from your gums.
- **5.** Rinse dentures with water before putting them back in your mouth.
- 6. If not putting in your mouth, the dentures can be left in a tray or cup with some water overnight to keep them from drying out. Only soak overnight in water. Do not soak in mouthwash or strong solutions.

Recommendations

- We recommend cleaning your dentures daily, preferably after every meal.
- A few prescription medications may cause some discoloration or damage to the dentures.

- Smoking and chewing tobacco can have an adverse effect on the finish of the dentures.
- Ask your dentist about your no-appointment denture reorder process.