

miniComfort® Clinical Seating Instructions



1. Evaluate miniComfort on model prior to patient arrival.
2. Rinse with water and seat.
3. Ask patient to swallow 3 times, close and ask how it feels.
 - a. Explain tissue coverage for hydroseal.
 - b. Trim flange if impinging on tissue.
4. Show patient in a mirror how to remove miniComfort. Patient should repeatedly place and displace the guard.
5. To clean miniComfort: antibacterial hand soap rinse, pat dry, and store in open container.
6. Finally and most importantly discuss:
 - a. Training aspects of daytime wear, that when they contact an element, they should learn to relax their jaw. Contacting is giving biofeed back, awareness to help control the clenching and grinding habit.
 - b. Instruct patient to discontinue wear if appliance easily dislodges, or if any discomfort arises, and to call for a visit.
 - c. Instruct patient that when new miniComfort's are needed, just call your office for a reorder, referencing the number on their retainer case. No impressions are needed, as long as patient has not had any interfering dental work.